

Argus Orthopaedic Zone

“Doctor, Do You Recommend a Knee Replacement?”

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Transforming patient information into patient understanding.

As an Orthopaedic Surgeon I get asked this question a lot as you can imagine. Then the question often comes, “If it were your knee what would you do?”

The reply has to be individualized. I haven’t had a knee replacement nor do I need one so far. I’ll know if I do when I can’t run to Millenium Force Coaster each morning as the Park opens when we are at Cedar Point.

Making a decision to have a total knee replacement is a huge decision, a big bridge to cross. If conservative, non surgical treatment has not worked and symptoms are severe enough, the patient really has no other choice except to put up with it.

I did a Public Television program recently called **Your Health Matters** about this very subject. My patient whom we interviewed concluded that she had so much pain and her function had deteriorated so greatly she had no other choice. Fortunately she has done well and she feels I “have given her life back”.

I have no problem advising my patients what to do, but have always been careful not to be like a salesman for surgery.

Relieving the symptoms of knee arthritis and improving the function for patients are the same as for any of our patients. I close each article by saying, Our goal is simple - To help people return to more pain free, functional lives.

Now I don’t want you to think that doing the surgery is simple! It is highly technical and can be extremely difficult in some patients who have extremely bad knees.

Key point – an end stage, severe arthritic knee, when replaced, never turns out as well as someone who has arthritis bad enough for a replacement, but it wasn’t stiff and bowed, etc. So while the knee replacement can always be done, *the outcome can be compromised by waiting too long.*

Organized “Joint Camp” programs are making the process of going through knee replacement much easier for the patient and family.

Argus Orthopaedic Zone Archive and Office Website

What if there was a whole world of musculoskeletal information at one place? There is!

www.orthopodsurgeon.com opens up for you the office website, Your Orthopaedic Connection and the Archive of all previous Argus articles I have written for you, your family and friends.

Please check it out. Do yourself a favor.

Be well.

Dr. Haverbush